

SELYEM CSÁRDÁS (Uszodi Verbunk)
(Hungary)

One of the most famous of Hungarian dances is the Verbunk, or man's recruiting dance. In Uszod, this dance form is referred to as "Selyem Csárdás", although it bears no relationship to the couple form also known as "csárdás."

Pronunciation: SHAY-yem CHAHR-dahsh (OO-sow-dee VAIR-boonk)

Translation: Man's recruiting dance from Uszod region.

Music: Hungaria HRLC - 007 Tape 4/4 meter

Formation: Circle of M facing ctr. M may place L forearm behind back, or may move hands freely at sides.

MeasPatternI.

- 1 Introduction. No action.
- 2 Small running steps fwd L,R (cts 1,2); three small stamping steps in place L,R,L (cts 3,&,4).
- 3 Small leap onto R in place, bending L knee and raising L lower leg behind (ct 1); small hop on R, straightening L knee and swinging L ft fwd (ct 2); repeat cts 1-2 with opp ftwk (cts 3-4).
- 4 Repeat meas 3 cts 1-2 (cts 1-2); small leap onto L in place, raising R lower leg diag back R (ct 3); close R sharply to L with heel click (ct 4).
- 5 Small jump onto both ft about shldr width apart, knees bent (ct 1); straightening knees bring ft sharply together with heel click (ct 2); repeat cts 1-2 (cts 3-4).
- 6 Hopping on L, bend R knee and touch inside of R ft to inside of L calf (ct 1); step on R in place (ct 2); repeat cts 1-2 with opp ftwk (cts 3-4).
- 7 Small jump onto both ft about shldr width apart, knees bent (ct 1); leap onto R in place, extending L fwd (ct 2); leap onto L in place (under body), knee bent slightly, raising R lower leg diag back R (ct 3); close R to L sharply with heel click, straightening knees (ct 4).
- 8 Repeat meas 7.

II.

- 1 Small leap onto R to R, swinging straight L leg across in front of R leg (ct 1); small leap onto L to L, swinging straight R leg across in front of L leg (ct 2); small leap onto R to R, swinging straight L leg across in front of R leg (ct 3); hop on R (ct 4).
- 2 Repeat meas 1 with opp ftwk and direction.
- 3 Small leap onto R, turning slightly to R, bending L knee and raising L lower leg behind (ct 1); hop on R, turning slightly to L, rotating L leg outward so that L lower leg is raised in front, and slapping L inside boot top with L hand (ct 2); repeat cts 1-2 with opp ftwk and direction (cts 3-4).

SELYEM CSÁRDÁS (Contd)

- 4 Small leap onto R in place, raising L lower leg behind (ct 1); small hop on R, straightening both knees and extending L ft fwd (ct 2); small leap onto L in place, raising R lower leg to R back diag (ct 3); close R to L sharply, with small heel click (ct 4).
5-8 Repeat meas 1-4. On last ct of meas 8 take wt on L, raising R leg to R back diag.

III.

- 1 Hop on L, raising R lower leg across in front of L (ct 1); swing R lower leg out to R side (ct &); leap onto R in place, raising L leg to L back side diag (ct 2); repeat cts 1-2 with opp ftwk and direction (cts 3-4).
2 Repeat meas 1.
3 Repeat meas 1, raising legs higher. On ct 1, slap inside of R boot top with L hand. On ct 3 slap inside of L boot top with R hand.
4 Repeat meas 3.
5 During meas 3 and 4, turn in place once CW. Leap diag fwd R onto R ft, L ft closing to R almost immediately (ct 1); leap onto R in place, raising L lower leg behind (ct 2); repeat cts 1-2 with opp ftwk and direction (cts 3-4).
6 Repeat meas 5.
7 During meas 5-6 make one small circle moving CCW. Four steps bkwd R,L,R,L (cts 1,2,3,4) rotating un-weighted leg outward and bringing inside heel of weighted ft slightly fwd.
8 Two more steps bkwd as in meas 7 (cts 1,2); close R to L sharply with heel click (ct 3); hold (ct 4).

Dance repeats from beginning twice more.

At the end of the third time through the dance, the following ending step replaces Fig III, meas 8:

- 8 Leap R across in front of L, raising L lower leg diag back R (ct 1); leap onto L across in front of R, raising R lower leg diag back L (ct 2); close R sharply to L (ct 3); hold (ct 4).

Presented by Zoltán Farkas
Dance description by Kathleen Kerr